Kendall Public School Newsletter

Term 1 Week 6 — 8th March 2019



Principal's Message

We are always very proud of our school and students but it is particularly gratifying to receive compliments and positive feedback from visitors to our school. During the past fortnight we have hosted several professional learning meetings and training opportunities for teachers, principals and school directors across the school networks of Great Lakes, Taree, Hastings and Macleay. Many were envious of our beautiful gardens and bushland setting, but most of all they were full of praise for our children - their friendly, polite manner and calm, settled behaviour. Well done kids!

Sentral Parent Portal

Letters were sent home to all families last week with details on how parents can access the Parent Portal on our new 'Sentral' system. I urge all parents to do this as a priority. If you have difficulty completing your registration, please contact our Admin office for assistance. We are currently planning our Three Way Conferences for the final week of term and appointments will be made via the Parent Portal.

Positive Behaviour and Student Safety Initiatives

In keeping with our focus on positive behaviour, next week will see all classes participate in the following activities:

- ♦ Tuesday: Police visit from Wendy Hudson focusing on social media and online safety; protective behaviours
- ♦ Wednesday: National Day of Action Against Bullying and Violence and Harmony Day. We have combined our recognition of these two events which focus on the importance of being respectful towards others, and strategies to deal with anti-social or bullying behaviour. The messages will be continually reinforced throughout the year as we strive to maintain a safe, happy and inclusive environment for everyone in our school community.

A focus of our teaching around anti-bullying is about bystander and upstander behaviour. Supporting students to stand up to inappropriate behaviour is another way to develop resilience. The information on page 3 will assist parents understand the language we are using and to have discussions with children about how they can be an upstander.

Variation to Term 4 School Development Days

Staff have elected to complete professional learning on additional dates throughout the year as an alternative to the two days allocated at the end of Term 4. This week mandatory training on CPR and Anaphylaxis was completed after school. This time, together with additional time allocated to the Term 2 School Development Day, will replace one of the Term 4 days.

Annual Report

The school's 2018 Annual Report has been completed and will uploaded to our school website within the next week. Parents may access this document via the 'Our School' tab, then 'School Planning and Reporting'.

P&C

With the AGM to be held on Tuesday 19th March, I would like to acknowledge and thank all members of the outgoing 2018 P&C executive for their hard work and achievements over the past year. As volunteers, our P&C members are generous in the time and energy they give to support our school and students. The executive positions are vital roles for a successful P&C and I encourage all parents to consider nominating for 2019 committee.

"Parents Really Matter"

This was the key message in a TED talk video I viewed this week. During the 12minute video, the presenter spoke about research conducted over the past 70 years, on more than 70,000 children across 5 generations in Britain. This study provides some important data around the influence of parents during a child's early years and the impact, not only whilst they are at school, but also on their success, health and wellbeing when they reached adulthood. I highly recommend it to all parents!

https://www.ted.com/talks/helen_pearson_lessons_from_the_longest_study_on_human_development/reading-list? trk=organization-update-content_share-video-embed_share-article_title

School Sign

We hope you are all enjoying the fabulous new sign! Brightly coloured and regularly updated messages, as well as photos, enhance our communication with the community.

Best Wishes,

Leonie Cosgrove

CALENDAR DATES				
Week	Date	Event		
7 Tuesday 12th March		Robotics Information Day at CHHS (selected students)		
	Wednesday 13th March	National Day of Action Against Bullying & Violence		
		Harmony Day (wear orange)		
	Friday 1st March	Stage 3 Assembly		
8	Tuesday 19th March	P&C - AGM & General Meeting 5pm in the Staffroom		
	Thursday 21st March	Library Van		
		Playgroup		
	Friday 22nd March	Parliament		
Save the Date				
10	Friday 5th April	4/5B Assembly—parents welcome to attend		
11	Friday 12th April	Easter Hat Parade, Grandparents Day , Book Fair and our ANZAC Ceremony		

The Tell Them From Me Student Feedback Survey

This term, our school, like many others in the state, will participate in a Department of Education and Communities initiative: the *Tell Them From Me* student feedback survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

More information about the survey is available at: http://surveys.cese.nsw.gov.au/information-for-parents

The survey is a great opportunity for our students to provide our school with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help improve how they do things at school.

I want to assure you that the survey is confidential and school staff will not be able to identify individual students from their responses. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between **11th March and 12th April**. Participating in the survey is entirely voluntary.

A consent form and FAQs for parents/carers about the survey has been sent home with students in Years 4-6. If you <u>do not</u> want your child or children to participate, please return the form to school by **Monday 11th March.** Copies of the form and FAQs are available from the website above.





NATIONAL DAY OF ACTION AGAINST BULLYING & VIOLENCE / HARMONY DAY

On **Wednesday 13th March** we will be combining our recognition for both Harmony Day and The National Day of Action Against Bullying & Violence.

Students are asked to **WEAR ORANGE** on this day and classes will be involved in activities revolving around these two important events.

What are our messages about bullying?

Who are bystanders?

Bystanders are people who watch or are nearby at the time the bullying takes place. Bystanders can contribute to the problem. You may have been a bystander if you have:

- stood and watched in silence
- seen bullying happening online and said nothing
- laughed or walked away from the situation
- cheered or encouraged the person bullying
- forwarded an offensive image, post or text message to someone.

Who are upstanders?

An upstander is someone who offers support to the person being bullied.

What can I do?

You can use words or actions to help someone who is being bullied. This is called being an upstander.

A group of students standing up to bullying together helps everyone to stay safe.

⇒ Say or write something supportive to the person being bullied

e.g. "Do you want me to come with you to the office to tell a teacher about this?"

"I know you must feel pretty bad but they're the one with the problem."

"Just ignore what they said. They're doing it to feel better about themselves."

⇒ Do something to help the person being bullied

e.g. take them away from the person doing the bullying.

encourage them to ask for help, for example go with them to get help.

include them in your group and introduce them to your friends.

suggest safe places for them to go.

show them how to set their privacy settings on social networking sites and mobile devices.

⇒ Avoid joining in

Don't behave in ways that make the problem worse, such as:

- joining in with harassing or hurting someone.
- reinforcing the bullying behaviour by encouraging, cheering and laughing, even if it's from a distance or when you hear about it later.
- resending or responding to messages or photos that may be offensive or upsetting to someone.
- harassing, teasing or spreading gossip about others on social media.

⇒ Tell someone

If someone is being hurt, it's important to seek help.

If you're worried about what other people will say, tell someone else privately.

Even if the bullying happens outside of school, report it to someone who can help or someone you trust such as:

- your parents or someone in your family
- a teacher or a school counsellor or psychologist
- the police, if the bullying is causing serious harm
- to the Office of the eSafety Commissioner if it is serious bullying online.



K-2 SWIMMING CARNIVAL

What a great day Kindergarten, Year 1 and Year 2 had at their annual swimming carnival. Water confidence and team spirit were important objectives of the day.

Here are some great recounts from the students.

On Wednesday we went to the infants swimming carnival.

It was so much fun, I won lots of races but I think in one I tied.

The first race was the kick board race, the second race was the horse race. There were lots more of them.

At first before we got there we walked from school.

When all the races were done I got a basketball out, when I had finished doing that I got some lollies from the canteen, I got 2 karate rollers, 1 sour lizard, and a water melon flavour bubble gum thing.

At last we walked back to school.

Then it was time to go home so I caught the bus to the Kendall preschool.

Ethan's mum picked us up and took us back to the pool.

Finally we got to Ethan's house and I had dinner there.

After dinner Ethan's brother Davryn showed me the Pokémon game. It was so fun.

I cant wait for next years one!!!!!!!!!###########\$\$\$\$\$\$\$\$\$\$\$\$\$\$

By Joel

Swimming Carnival

On Wednesday we all went to our K-2 swimming carnival at the Kendall pool.

The first race was the kick board race and it was very fun.

I reckon the free style race was the best one because I didn't need any help.

At the end of the races we got free play!!! Arlo got the basketball.

It was a very exciting day!!!!!

By Kai







2019 Swimming Champions



Student of the week Term 1 Week 3		
1/2B—Tanayah	1/2E—Harlow	
3/4M—Ben	3/4S—Hannah	
4/5B—Jackson	5/6B—Ashton H	
5/6S—Jessica C		

Student of the week Term 1 Week 4		
1/2B—Charlotte	1/2E—Grace	
3/4M—Kalani	3/4S—Harry	
4/5B—Midas	5/6B—Aiden	
5/6S—Shane		

NSW Premier's Reading Challenge 2019

Kendall Public School will be participating in the NSW Premier's Reading Challenge again this year and the challenge is open to all students from Kindergarten through to Year 6. The Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely. Last year we had over 30 students complete the challenge and we had another 2 special Platinum awards (7 years participation). Registration for students wishing to participate in this years' challenge has opened (4th March) and students can register online through the Premier's Reading Challenge website, using their DEC username and password. (This is what they use to logon at school) Please check with your child's teacher if they cannot remember or you are new to our school. Registration can occur at any time throughout the challenge!

Full details of the rules and booklists can be found on the website.

www.premiersreadingchallenge.nsw.edu.au

Students will keep an online record of the books they have read and they must complete a set number of books to complete the challenge. To experience a book a child can listen to the book, participate in a shared reading of the book or read part or the entire book independently. A selection of books from the reading list will be available in the school library for borrowing.

Number of books required to complete the challenge

K-2: 30 (25 need to be from the reading list + 5 own choice)

3-4: 20 (15 need to be from the reading list + 5 own choice)

5-6: 20 (15 need to be from the reading list + 5 own choice)

Students who successfully complete the challenge will receive a certificate at the end of the year. The Challenge runs until the 30th August 2019.

I will be the co-ordinator of the challenge at school and if your child requires any assistance, please see me or send a note with your child. If you do not have access to the internet, I can assist your child at school to register and complete online reading logs. Jump online to register and keep an eye out for more information!

Ms Osborne



Come along & have fun with your child.

- Meet other local families
- Enjoy a range of activities
- Play & socialise with others
- Enjoy morning tea together

always rewarding.

Kendall Public School is providing a space and opportunity for families with young children to meet on a regular basis.

By coming to the school regularly your babies/toddlers and pre-schoolers will become familiar with, and build a sense of, belonging to our school. This will support them in making a successful transition to "big school" when that time arrives. As parents, getting to know other families in the community is

Please sign in as a visitor at the school office when you arrive (this is a WHS requirement). You will then find us in the auditorium under the school library.

Please remember children are the responsibility of parents at all times whilst on the school grounds.

We hope you can make it for a fun morning. Please feel free to bring, or inform, any friends from the area with young children. Kendall Public School

WHEN:

Term 1 -Thursday

21st March 4th April

TIME: 9am—10:30am

COST: Free

GET IN TOUCH:

Kendall P.S Ph: 6559 0040

or Email:

kendall-p.school@det.nsw.edu.au

