

Kendall Public School Newsletter

Term 1 Week 2 — 22nd February 2019



Principal's Message

The past fortnight has seen our students engaging in some wonderful events and activities. Some highlights include:

- ◆ Swimming Carnivals - We should all be proud of our swimmers who competed at the District Carnival last week. They gave their very best efforts in all events, and their behaviour and sportsmanship was exemplary. Their constant cheering and encouragement of each other was acknowledged by other schools and parents who spoke to me during the day. Special congratulations to Max and Ruby whose results saw them eligible to compete at the Lower North Coast carnival.
- ◆ Stage 3 had a fantastic day at Pilot Beach on Friday. Activities including kayaking, paddle-boarding, swimming, trust and teamwork games all supported the development of positive relationships for our senior students. Thanks to the staff and parents who attended for facilitating this valuable experience.
- ◆ K-2 gymnastics - a Sporting Schools grant has enabled us to engage a qualified coach for this 6 week program. The first session last Friday was a lot of fun and also challenged the balance and flexibility of students.
- ◆ Rugby league clinics - Stage 2 and 3 students brushed up on their skills under the guidance of NRL development officers.
- ◆ Parliament - the 2019 Parliamentarians led their first session this morning with several motions being debated. It's great to see these Year 6 students gaining confidence and displaying their leadership skills so early in the year.

Student Attendance

We have introduced a new system to record and monitor student attendance. The 'Sentral' software program enables us to send SMS text or email notifications to parents and carers when a student is absent from school. You will then be able to respond to that message providing an explanation for the absence. Responding to the message eliminates the need to send a written note to school. An important advantage of this system is enhanced student safety as parents will now be confident that their children have arrived at school.

Parent Volunteers

Thank you to those parents who have already complied with the Working With Children requirements. For those who are not aware of this legislation, please refer to the information on page 3 of this newsletter. Please remember if you are visiting our school, to sign the visitors/volunteers register in the Admin office when you arrive and again when leaving. Your support in following these child protection and work health and safety procedures will assist us in protecting all students from possible harm.

Medical Records

A reminder to families who have not responded to our request to update their child's medical information that this must be done as soon as possible. This applies to students with known medical conditions including asthma, allergies, diabetes and epilepsy. These conditions require health care plans signed by your doctor. Current medical advice on the best response and treatment will enable us to fully support your child's health care needs. If your child has a health condition and you have not received this information, please contact our Administration Office.

Mad Food Science Program

Notes have been sent home for all students to participate in this exciting program on Friday 8th March. There is no payment required by parents thanks to the generosity of the P&C who have covered costs. I would also encourage parents to attend the parent information session from 1.50 –2.55pm in the hall. More details about student and parent sessions can be found later in this newsletter.

P&C AGM

Our P&C is looking for new members to become involved this year. Whether you have been a member of our school community for a long time or you are a recent arrival, what better way to get to know other parents and be informed of school activities? We look forward to seeing you at the next meeting Tuesday 19th March at 5pm.

Anti-bullying Initiatives

As outlined in the previous newsletter, we have a whole-school focus on positive behaviour and anti-bullying throughout this term. At the P&C meeting I presented our updated School Anti-bullying Plan 2019 and discussed the current initiatives which promote wellbeing and a positive, supportive school culture. To support a shared understanding of the language and strategies we are using at school you will find further information on page 4. The Anti-bullying Plan 2019 will be uploaded to our school website next week.

Best Wishes,

Leonie Cosgrove

CALENDAR DATES		
Week	Date	Event
5	Wednesday 27th March	K-2 Swimming Carnival
	Thursday 28th March	Library Van
	Friday 1st March	Years 3-6 Sport
		K-2 Gymnastics
6	Thursday 7th March	Playgroup
	Friday 8th March	Mad Food Science Performance

Save the Date

Friday 12th April

Our annual Easter Hat Parade, Grandparents Day , Book Fair and our ANZAC Ceremony

To streamline all of these important and fun events and reduce disruption to our students learning we have combined all of these great activities onto the one day.

It will be a fun day at Kendall P.S and we would love you to be here.

P&C Meeting

Our 2019 P&C AGM meeting will be held on **Tuesday 19th MARCH 5pm** in our school staff room.

At this meeting all office positions are vacated and nominations and voting will take place.

Please join us.

Mad Food Science Program - Friday 8th March

Students sessions 9:15 and 11:20

Parent session 1:50

In the school hall, return permission notes asap.



K-2 Gymnastics



Working With Children Check (WWCC)

The assistance of parents in various capacities is welcomed in our school. Your support at sporting events, in classrooms, the canteen and with transport is very much appreciated and ensures that we are able to continue offering these opportunities for students.

However, we remind all parents who volunteer at school of the following legal requirements for all schools.

<p>Who Needs a WWCC?</p>	<p>All volunteers and contractors who have contact with children at our school e.g.; canteen helpers, P&C members, transport to sporting events or excursions, helping in classrooms. Only people who are not directly related to children need a WWCC. If you are directly related you need to complete an Appendix 5 or 11.</p>
<p>What Do I Need To Do?</p>	<p>1) Complete an appendix 5 or 11 for Volunteers and Contractors – available at school office. 2) Provide proof of identity that meets the 100-point check. Original documents must be sighted at school. Certified copies may be provided, if certified by a Justice of the Peace or current legal practitioner.</p>
<p>What Counts as 100 Points?</p>	<p>Category 1 – 70 points <i>(Only ONE form of identification accepted from this category)</i> Birth Certificate/Birth Extract</p> <ul style="list-style-type: none"> • Australian Passport (Current, or expired within the previous two years, but not cancelled) • Australian Citizenship Certificate • International Passport (Current, or expired within the previous two years, but not cancelled) • Other document of identity having same characteristics as a passport e.g. diplomatic/refugee (Photo or Signature) <p>Category 2 – 40 points <i>(The initial document will score 40 points, and any additional documents will be awarded 25 points each.)</i></p> <ul style="list-style-type: none"> • Current Licence or Permit (Government Issued) • Working With Children/Teachers Registration Card • ASIC/MSIC Card • Public Employee Photo ID Card (Government Issued) • Department of Veterans' Affairs Card • Centrelink Pensioner Concession Card or Health Care Card • Current Tertiary Education Institution Photo ID • Reference from a Doctor (must have known the applicant for a period of at least 12 months) <p>Category 3 – 25 points</p> <ul style="list-style-type: none"> • Foreign/International Driver's Licence • Proof of Age Card (Government Issued) • Medicare Card/Private Health Care Card • Council Rates Notice • Property Lease/Rental Agreement • Property Insurance Papers • Tax Declaration • Superannuation Statement • Seniors Card • Electoral Roll Registration • Motor Vehicle Registration or Insurance Documents • Professional or Trade Association Card <p>To use more than one of the following documents, they must be from different organisations:</p> <ul style="list-style-type: none"> • Utility Bills (e.g. Telephone, Gas, Electricity, Water) • Credit/Debit Card • Bank Statement/Passbook

What are our messages about bullying?

What is Bullying?

Bullying is ongoing and repeated. It is when someone:

- keeps picking on you again and again and tries to make you feel bad
- says or does lots of mean things that upset you
- makes fun of you a lot
- tries to stop you from joining in or make others not like you
- keeps hurting you such as hitting or punching you.

Bullying feels awful. You feel like you can't stop it.

Bullying can happen in person or online. It might be something people can see or it might be hidden.

Sometimes you might have a fight or argument with someone. If it happens once, it is not bullying even though it can be upsetting. It is also not bullying if you sometimes fight with a friend and can sort it out.

Bullying is not OK. You have the right to feel safe.

Types of Bullying

Verbal e.g. name calling, teasing, abuse, putdowns, sarcasm, insults, threats

Physical e.g. hitting, punching, kicking, scratching, tripping, spitting

Social e.g. ignoring, excluding, inappropriate gestures, spreading rumours, dirty looks, hiding or damaging possessions

Cyber e.g. sending abusive texts and emails, posting hurtful messages, putting inappropriate comments on pictures of others.

Preventing Bullying Is Our Collective Responsibility

We all have responsibilities to make our school a safe and happy environment.

Student Responsibility

- behave appropriately, respecting individual differences and diversity
- behave as responsible digital citizens
- follow the school Anti-bullying Plan
- behave as responsible upstanders
- report incidents of bullying

Parent & Caregiver Responsibility

- support their children to become responsible citizens and to develop responsible online behaviour
- be aware to the school Anti-bullying Plan and assist their children in understanding bullying behaviour
- support their children in developing positive responses to incidents of bullying consistent with the school Anti-bullying Plan
- report incidents of school-related bullying behaviour to the school
- work collaboratively with the school to resolve incidents of bullying when they occur

School Staff Responsibility

- respect and support students
- model and promote appropriate behaviour
- have knowledge of school and departmental policies relating to bullying behaviour
- respond in a timely manner to incidents of bullying
- provide curriculum and pedagogy that supports students to develop an understanding of bullying and its impact on individuals and the broader community

School Choir

What a great start to the year our primary choir has had with a record 63 students joining. We can't wait to hear you sing throughout the year.



Rugby League

Stage 2 & 3 Students enjoyed a visit from the NRL development officers last week. They participated in a skills development afternoon, a great way to stay active and learn new skills.



Stage 3 Bonding Day

Our Stage 3 students had perfect weather for their bonding day at Pilot beach last week. This day was a great opportunity for this group of students to work together in lots of activities teaching them the importance of team work and gave them the chance to interact with their peers in both a social and learning environment.



Swimming

Well done to our team that swam at the District Carnival last Wednesday in Port Macquarie, your team spirit was exceptional. Congratulations to Ruby and Max who represented us as the Kempsey Carnival.

Ruby did a P.B in the 50 m free and Max came first in his event.



Student of the week

Term 1 Week 3

KO—Maggie	K/G—Toby
1/2B—Tanayah	1/2E—Harlow
3/4M—Ben	3/4S—Hannah
4/5B—Jackson	5/6B—Ashton H
5/6S—Jessica C	

Student of the week

Term 1 Week 4

KO—Christian	K/1G—Zara
1/2B—Charlotte	1/2E—Grace
3/4M—Kalani	3/4S—Harry
4/5B—Midas	5/6B—Aiden
5/6S—Shane	

MAD FOOD SCIENCE PARENT SEMINAR – WHAT ARE OUR KIDS EATING?

In this FREE seminar, you'll learn about your child's participation in The Mad Food Science Program™, as well as gain insights into how children's lunchbox food has become Mad Food Science.

You will learn what's hiding in common lunchbox snacks, and how these foods are impacting your child's concentration, learning, and behaviour in school.

The session will also cover simple ways you can make healthy changes to your child's lunchbox, and some tactics to help make smooth transitions to more whole food in your family's diet.

Just remember: WHEREVER YOU ARE AT IS TOTALLY PERFECT!

At this seminar, there will be something for everyone, with no judgement, regardless of where you are on your health journey. What will be covered:

The key messages from The Mad Food Science™ Program

Why healthy lunchbox food is so important

About additives and preservatives

How to understand food labels

What to do if you're short on time

How to deal with fussy eaters

How to overcome lunchbox stress

What to pack in a healthy lunchbox

How to ensure your kids LOVE their lunch

DATE: Friday 8th March

TIME: 1:50pm

Venue : Our School Hall



PLAYGROUP



WHERE:

Kendall Public School

WHEN:

Term 1 -Thursday

7th, 21st, February

7th, 21st March

4th April

TIME: 9am—10:30am

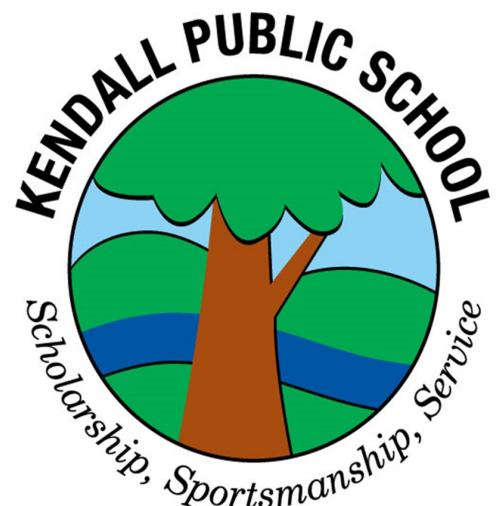
COST: Free

GET IN TOUCH:

Kendall P.S Ph: 6559 0040

Or Email:

kendall-p.school@det.nsw.edu.au



Come along & have fun with your child.

- Meet other local families
- Enjoy a range of activities
- Play & socialise with others
- Enjoy morning tea together

Kendall Public School is providing a space and opportunity for families with young children to meet on a regular basis.

By coming to the school regularly your babies/toddlers and pre-schoolers will become familiar with, and build a sense of, belonging to our school. This will support them in making a successful transition to “big school” when that time arrives.

As parents, getting to know other families in the community is always rewarding.

Please sign in as a visitor at the school office when you arrive (this is a WHS requirement). You will then find us in the auditorium under the school library.

Please remember children are the responsibility of parents at all times whilst on the school grounds.

We hope you can make it for a fun morning. Please feel free to bring, or inform, any friends from the area with young children.