

# Kendall Public School Newsletter

Term 3 Week 2 – 3rd August 2018



## **Principal's Message**

Term 2 has certainly started with a flurry of activity and it is wonderful to see students taking advantage of the various opportunities available to them. Sport has been a focus with our athletics carnival last Friday, and both the boys' and girls' touch football team in action this week. Six students enjoyed 3 days at Band Camp earlier this week. It was a fabulous opportunity to hone their musical skills with staff and students from schools across the Camden Haven. There are many more activities planned for students and our school community in the coming weeks. Please monitor the newsletter, calendar and our Facebook page to ensure you and your child do not miss out on these events.

## **Athletics Carnival**

What a great day! The enthusiastic participation of the children, together with the combined efforts of parents and staff, ensured it was a very successful day. In particular, I would like to acknowledge and thank:

- ◆ Mrs Smith for her thorough carnival organisation;
- ◆ P&C for the delicious BBQ, and those who donated to the cake stall;
- ◆ Mr Paterson and Mr Budai for the large task of field marking;
- ◆ Students from Camden Haven High School who assisted throughout the day; and
- ◆ Family members who provided assistance and cheered the children on from the sidelines.

Best of luck to those students who will represent us at the District carnival on 17th August.

## **NAPLAN Online**

In 2019, our students will complete the NAPLAN assessments online rather than a written format. To assist our staff prepare for this new format of testing, Year 3 and 5 students will participate in a 'Readiness Test' during Week 6 of this term. No results will be provided as a result of this testing but it will be a great opportunity for us to become more familiar with the online assessments prior to next year's testing.

## **The Importance of Resilience**

The number of children who experience difficulty with their social and emotional skills and display a lack of resilience is an increasing concern. In schools we see firsthand the impact on children's learning, mental health and wellbeing when they lack the skills to adapt to change, take on new challenges or cope with disappointment when things don't always go as expected.

Children need to build resilience skills to be able to both enjoy good times and deal with hard times. These skills come more easily to some children than others. Helping children learn how to manage life's ups and downs and build their coping skills supports their mental health and wellbeing now and into the future.

Throughout this term I will be sharing information and strategies related to these issues in the newsletter. I hope parents and carers take the time to consider how they can support the development of these important life skills in their children.

## **P&C**

This week's meeting saw some key changes to our committee. Congratulations and thank you to Emily Harris and Amy Green who have taken on the roles of President and Treasurer respectively. Jacqui Hallett has taken a step away from P&C for personal reasons. We wish her well and thank her for the time and energy she has devoted to our school over many years. Pearl will also take leave from the canteen and Joanne Perry will fill that position in a temporary capacity. A revised menu will be in operation whilst Pearl is on leave. Thanks Jo for stepping up to ensure our canteen is able to continue operating during this time.

## **Education Week**

Education Week highlights the achievements of public education and local schools, putting the spotlight on our students, our educators and the communities that support them. This year's theme is *'Today's schools – creating tomorrow's world'*. The theme celebrates how NSW public schools are equipping young people with the skills and capabilities they need to thrive in a rapidly changing, globalised world. We look forward to seeing you at our Education Week celebration next Friday.

Best wishes,

*Leonie Cosgrove*

# Building Resilience

## What is resilience?

Resilience is the ability to cope when things go wrong.

Resilience can also be described as:

- Bouncing back after difficult times
- Dealing with hardships and still holding your head up
- Giving things a go or trying your best
- Being strong on the inside
- Being able to cope with what life throws at you and shrug it off
- Standing up for yourself



## What helps develop resilience?

Some things that can help develop resilience are:

- Having a positive attitude
- Finding good friends
- Feeling good about yourself
- Feeling like you belong
- Having a supportive family
- Helping others or 'giving back'
- Being able to solve problems and overcome challenges
- Good communication with the people around you

## What can I do when I'm facing a challenge?

You can start to build resilience by asking yourself:

- What can I do to get back on track?
- I can't control everything, so what is in my control?
- Can I change something I'm doing to make things better?
- What can I learn from this?
- Who can help?
- How can I move forward?

## How to build your own resilience

There are lots of things you can do to develop your own resilience. Here are some ideas:

- Think positive thoughts
- Look after yourself
- Keep trying
- Talk to someone
- Learn from mistakes
- Work towards your goals
- Look for the positives in the situation
- Accept that change happens all the time
- Accept that negative things can happen
- Improve your problem solving skills
- Find things that help you feel calm
- Get help when you need it

CALENDAR DATES		
Week	Date	Event
3	Thursday 9th August	Library Van, Playgroup 9 - 10:30am
	Friday 10th August	Open Day 9.15 - 11.00 am Parliament 11:30am. Book club orders due back.
4	Tuesday 14th August	Uni Maths Comp
	Friday 17th August	HCH Athletics (District Carnival Wauchope)
5	Mon 20th – Wed 21st August	Stage 2 Camp
	Tuesday 21st August	CHAFFS Rehearsal
	Wednesday 22nd August	CHAFFS Concert
	Thursday 23rd August	Mufti Day - wear yellow for Daffodil Day
	Friday 24th August	Book Week Parade 9.15am

## *You're Invited!*

### **Parent Information Session – Tuesday 4th September, 6.00—7.00pm**

Thank you to those who responded to our recent school survey about the teaching and learning of Writing. As a result of your responses, a parent information session has been planned for Tuesday 4th September.

At this session we will be looking at our approach to the teaching of Writing and the implementation of Visible Learning in all classes across the school. These aspects of teaching and learning are a focus of teacher professional learning and the strategic directions of the 2018 – 2020 School Plan.

More information will be provided as we get closer to the date. We appreciate the valuable feedback that you have provided and look forward to seeing you at this information session.

## **Premier's Reading Challenge**

Well done to Lila Iveli, Jay Iveli, Indy Cook, Beau Nest, Ruby Stewart, Aidan Nosworthy, Matilda Payne, Katherine Hanlon and Aliya Chin for completing the challenge already!! There are just under 4 weeks left to read the required number of books before the cut off date of 31st August. Books must be recorded online before this date otherwise the challenge will be incomplete. Please contact me if you need any assistance.

Ms Osborne



### Education Week Open Day

Please join us for our open morning to celebrate Education Week 2018.

#### Friday 10th August

**Class rooms open from 9:15am**

**Showcase of student performances in the hall 10am**

**Morning Tea available (gold coin donation) at recess**

**Student Parliament session in the hall 11:30am**

We also have a display of students art work at the iKew Information Centre.



### Daffodil Day

### Mufti-day - Thursday 23rd August

Daffodil Day is the annual fundraising event for the Cancer Council. Our school will be supporting this initiative alongside many other schools in the Hastings and Camden Haven. A group of students, known as the WASCALS, from Hastings Secondary College Westport Campus will be visiting our school on 24th August to talk to students about the work of the Cancer Council and to collect donations from our school. As this day coincides with our Book Week Parade, we are planning a mufti day for Thursday 23rd August. For a gold coin donation, students are invited to wear yellow on this day. The donations will then be passed on to the WASCALS when they visit on the Friday.

We look forward to your support of this very worthy cause.

#### Who Are the WASCALS?

*WASCALS (Westport Aware Students of Cancer and Leukaemia Suffers) is a group of students from Years 7 to 12. They were first recognised as a charity group in 1992 and have since raised over \$300,000. This money is distributed to cancer sufferers within our local area and to the Cancer Council for research towards finding a cure for cancer.*

*On Daffodil Day we visit schools and talk to students about what Daffodil Day does and how it raises hope.*



### Book Week is coming.....

The Book Week theme is 'Find your Treasure.'

Don't forget to start organising your Book Parade costume.

### Book Parade

Friday 24th August

9:15 am



## BAND CAMP

On the 30<sup>th</sup> of July – 1<sup>st</sup> of August, Taylor, Hayley, Summer, Katherine, Annie and Kaitlyn went to the Francis Retreat in Bonny Hills. There were two bands, the senior band and the junior band. Most of the time we were learning songs so we could show the parents as many songs as we could on Wednesday. Hayley played the clarinet, Taylor played the trumpet, Summer and Kathrine played the flute, Kaitlyn played the guitar and Annie was in the percussion group. It was really fun.

The senior band will perform at the CHAFFS concert later in the term.

By Kaitlyn and Annie



## Stage 3 Girls Touch Football

On the 1st of August some Year 6 girls went to play PSSA Touch Football at Telegraph Point School. Well done girls for a great game and great sportsmanship. The score was 4 tries to Kendall and 3 to Telegraph Point. We now move onto round two of the competition. Congratulations girls and thank you to Mr Paterson, Mrs Cosgrove, Mrs Waite and Mr Sheridan for transporting us.

By Faith and Mischa



Faith and Shayla absent from photo.

## Stage 3 Boys Touch Football

On the 2nd of August Jack, Louis, Thomas, Finn, Cooper C, Copper J, Brent, Sonny, Charlie, Aden, Colby and Eden went down to Kendall oval to play a game of touch footy. At halftime we were winning 4 to 2 with Brent, Colby, Louis and Thomas scoring. After half time Harrington started to get the game back their way. In the second half Aden and Charlie got a try. By the end of the game the score was 6-9 Harrington's way. We all tried our best and had fun. Thanks to the Camden Haven High students for refereeing the game and thankyou to Mr Sheridan for organising the game and taking the kids down to the fields.

By Colby and Thomas



# Athletics Carnival

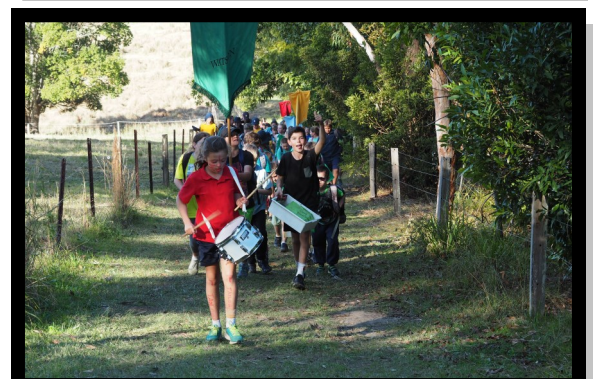
## Fun Day in the Sun!

What a great day we had at our annual athletics carnival last Friday!

Thankyou to all the families that were able to come along and cheer the kids on and those who were able to support our P&C canteen with so many donations.

As well as having fun and being active in the fresh air with their friends, students 8 years and above were competing for a position in the athletics team going to the District Athletics Carnival to be held at Wauchope on Friday 17th August. Notes will be sent home with these students in coming days.

Follow the “Kendall Public School” Facebook Page to see lots of great photos from the day.



# Term 3 Calendar

Term 3 2018						
Term 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT SUN
1	23 July SDD 3	24 July Students return	25 July	26 July Playgroup	27 July Athletics Carnival	28
						29
2	30 July  Band Camp	31 July P&C meeting in the Library 3:30pm  Band Camp	1 August  Band Camp	2 August  Boys Touch Football @ Kendall	3 August  Newsletter	4
						5
3 Educ Week	6 August	7 August	8 August	9 August  Library Van Playgroup	10 August Open Day 9:15-11 Education Week  Parliament 11:30	11
						12
4	13 August	14 August	15 August	16 August	17 August  Newsletter District Athletics (Wauchope)	18
						19
5 Book week	20 August Year 3/4 Camp	21 August Year 3/4 Camp  CHAFFS rehearsal day	22 August Year 3/4 Camp  CHAFFS concert @CHHS	23 August  Playgroup	24 August  Book Week Parade 9:15	25
						26
6	27 August	28 August	29 August	30 August  Library Van Fathers' Day Stall	31 August  1/2E Assembly Newsletter Tennis Stage 2	1
						2
7	3 September Environment Talks	4 September Environment Talks Parent info night 6-7pm (Writing)	5 September	6 September  Playgroup 1/2E Cake Stall	7 September  Parliament	8
						9
8	10 September	11 September  P & C meeting 5pm	12 September	13 September	14 September  Newsletter 1/2S Assembly	15
						16
9	17 September  Performance by Orchestra 9:30	18 September	19 September	20 September  Playgroup Library Van 1/2S Cake Stall	21 September  Surf Ed 9:15 -10:55	22
						23
10	24 September	25 September	26 September	27 September	28 September Newsletter Run for Fun Colour Explosion from 11:30am	29





Ewan McGregor  
Disney  
**Christopher Robin**

**MOVIE NIGHT**  
**THURSDAY 30TH AUGUST 2018**  
**CAN TOO PORT MACQUARIE FUNDRAISER**  
LAURIETON PLAZA CINEMA | BOLD STREET, LAURIETON  
5.30PM DRINKS & CANAPES | 6.30PM CHRISTOPHER ROBIN PREMIERE  
**ADULTS: \$30 | CHILDREN \$25 FREE CHOC TOP FOR THE KIDS**  
TICKETS AVAILABLE AT LESLIE WILLIAMS OFFICE OR BY PHONE ON 02 6584 0977

# Foster love

**Foster care and make a positive difference to a child's life.**

If you've ever thought about fostering a child, now's the time to act. There's an urgent need for carers to support vulnerable children in Dubbo and the surrounding region, so please come along to one of our free information sessions to learn more.

**Tuesday 27 March, 10.00am and 5.30pm**  
Uniting, 214 Darling Street, Dubbo

**Book your place now.**

For more information or to register  
[uniting.org/fosteringDubbo](http://uniting.org/fosteringDubbo) or call  
1800 864 846.

**With heart.**

**Uniting**

# PLAYGROUP



## WHERE:

Kendall Public School

## WHEN:

Term 3 -Thursday

9th & 23rd August

6th & 20th September

**TIME:** 9am—10:30am

**COST:** Free

## GET IN TOUCH:

Kendall P.S Ph: 6559 0040

Or Email:

[kendall-p.school@det.nsw.edu.au](mailto:kendall-p.school@det.nsw.edu.au)

## Come along & have fun with your child.

- Meet other local families
- Enjoy a range of activities
- Play & socialise with others
- Enjoy morning tea together

Kendall Public School is providing a space and opportunity for families with young children to meet on a regular basis.

By coming to the school regularly your babies/toddlers and pre-schoolers will become familiar and build a sense of belonging with our school. This will support them in making a successful transition to “big school” when that time arrives.

As parents, getting to know other families in the community is always rewarding.

Please sign in as a visitor at the school office when you arrive (this is a WHS requirement) then you will find us in the auditorium under the school library.

Please remember children are the responsibility of parents at all times whilst on the school grounds.

We hope you can make it for a fun morning. Please feel free to bring or inform any friends from the area with young children.

